

ORANA GARDENS

Newsletter January–February 2020



A Note from The CEO



Welcome Back, Kristine Saywaker!

We would like to welcome back Kristine, our previous CEO, who is currently out of retirement to spend some time at Orana Gardens. Kristine was originally with us since 2012.

Kristine has been spending her retirement days creating new gardens and enjoying a peaceful life in beautiful and sunny Queensland.

We hope Kristine enjoys her time back in the CEO chair whilst She works closely with the Board of Directors to recruit a new CEO for the ongoing success of Orana Gardens.

A Note From The Facility Manager

Our team strives to work together with you to meet your day to day needs whilst partnering with you to ensure your choice and preferences are met for all aspects of your care and lifestyle options. This approach recognises that making decisions about your own life and having those decisions respected, assists in improving your health and wellbeing.

We always welcome your feedback especially in areas where we could improve our care and services delivery. Please keep providing this feedback to myself or the team through the various channels available to you.

We welcome back Kristine Saywaker to the interim role of CEO, we look forward to working with Kris again for the time that she is here.

Our new Administration Assistant commenced on the 10th February, her name is Catherine Day. Please join me in welcoming Catherine as she get to know Orana Gardens, our Team and our residents.

On behalf of myself and our team, we look forward to continuing to work with you to ensure your days at Orana Gardens are the best days of your life. Thank you all!

Clinical Department

Bushfires and grassfires are common in Australia; however, this time the massive bushfires sweeping across the country have shocked Australians in their size and ferociousness. Consequently, smoke caused from the bushfires billows fine particulate matter, known as PM 2.5 into the air that is so dangerous especially to our vulnerable residents. When this is inhaled, it can quickly enter into residents' lungs where it can lead to inflammation and penetrate the bloodstream to impact on other parts of the body. Initial signs and symptoms can be associated with such as itchy eyes, sore throat, coughing, wheezing, chest tightness plus difficulty breathing or other symptoms can also be further developed. It is well established that there is a strong link between poor air quality and health problems. Such exposure can worsen those residents who are having lung conditions such as asthma and bronchitis that could potentially result in heart attacks. Thus, it is important to protect our residents by ensuring medications are being given as scheduled, following their treatment plans and remaining in doors plus seeking immediate medical advice if symptoms persist.

Resident of the Month

Name: Ronald Hawke I live at: John Whittle House

A summary of my life... I had a stressful life up to when I married my wonderful wife, Shirley. After that, things settled down and we lived a normal life. Family consists of 2 boys who are happily married and they have given us 4 grandchildren. Our grandkids are now young adults which is a pleasure to see!

My fondest childhood memory would have to be... Once, I received a brand new suit to go to The Dubbo Show where I ate fairy floss, hot dog on stick and waffles. I saw all exhibits and played with neighbourhood friends. It was a great day!

My greatest achievement is... getting married to Shirley and living a life of my own after leaving my strict father and caring mum. Mum always tried to make up for dad's harsh ways.

The most interesting thing about me is... I worked in engineering projects for the Town of Dubbo. The district engineer invited me to join him and to complete an engineering course. It was great because my father died at age 54 and I was asked to take over his position. It was good to see that the district engineer saw potential in me!

My favorite thing about Orana Gardens is... The way the residents embrace each other, forming a common family! I can talk to anyone and they all listen!

Lifestyle and Wellbeing

January was another great month! For many, it was a month of adjusting back into routine and home life which is always comforting. Some of our main celebrations this month were Elvis's Birthday Party and Australia Day!

We started the month by honouring Elvis Presley! Each year we hold an Elvis Birthday Party including Elvis music and trivia, Blue Hawaiian cocktails and an Elvis movie.

Australia Day was even bigger as we celebrated this great country we are privileged to call home! For Australia Day, we had our annual thong throwing competition complete with certificates and prizes. We also had a beautiful Pavlova grazing board graciously accompanied by a delicious Australian wine! When the partying was over, we watched the 1970's version of Ned Kelly. What a great day! Enjoy the photos!!



Feedback and Advertisement

Here are some of our latest feedback. There were way too many to fit on a page:

"I want to thank everyone so very much for the care of my mum, it was a comfort knowing that she was in such good hands at OG. Thank you for helping us during the admission process and ensuring the family understood everything. Thank you for your smiles and wonderful good cheer, OG has wonderful people and our family really appreciated that. A special thank you to the nurses who stayed with mum during her last night who are special caring people. We will always be grateful."

"I want to extend a special thanks to Caroline and Geraldine for always going out of their way to be there for residents and families. The admission process was smooth and efficient for mum and for our family."

"Our family is grateful for Rachel (CRN) for the wonderful care given to their mum. We cannot thank her enough and she is a very special lady."

ORANA GARDENS ESTATE INDEPENDENT LIVING

All advantages of a quality retirement lifestyle awaits!
Contact Sue at 6841 4155 to schedule a private tour today!

ORANA GARDENS RESIDENTIAL AGED CARE

Join our fully accredited vibrant home for optimum care and a lifestyle of choice!
Contact Caroline for more information at 6841 4100



You will see our ad on receipts of the following locations:

TARGET DUBBO,
BIG W DUBBO,
BIG W MUDGEE,
TARGET (SF) MUDGEE,
SUPA IGA MUSWELLBROOK,
BIG W MUSWELLBROOK,
KMART ORANGE,
BIG W ORANGE,
TARGET PARKES.

Directing Queries...

Facility Manager - All matters concerning the facility, residents and care

Chief Financial Officer - Billing, wills and bequests, tax deductible donations

Clinical Care Manager - Case conferences, all clinical matters, concerns

Clinical Registered Nurse - Case conferences, concerns, clinical paperwork, all clinical matters

Registered Nurse/EEN - On shift, care information, appointments, medications, concerns, correspondence with GP's

Support Services Manager - Meals, laundry, and cleaning

Customer Liaison Coordinator - Admission enquiry's, single rooms, bed availability, advertisement, community relations and residents surveys

Information Systems Coordinator - Respite, pharmacy, admission documentation & entry and agreements



Do you have a concern?

If you have any concerns please contact Rebecca McDonald, Facility Manager on (02) 6841 4100 or the Aged Care Quality & Safety Commission.